

# (VEGAN) AMERICAN PANCAKES



## Ingredients

200g self-rising flour  
1 1/2 tsp baking powder  
1 tbsp. caster sugar  
200ml soya milk (almond/oat)  
Pinch of salt  
1 tbsp sunflower oil  
Cooking oil

## To serve

E.g. Strawberries, bananas, maple syrup. Experiment have fun!

## Method

1. Mix all dry ingredients in a large bowl.
2. Create a well in the centre of the dry mix and pour in the soya milk and sunflower oil.
3. Whisk together until glossy and smooth then transfer into a pouring jug to help with portion control.
4. Heat a non-stick frying pan to a medium heat adding a small amount of oil. Then pour the mix into the pan aiming for pancakes around 3 inches wide.
5. Give them 1-2 minutes each side until golden brown.
6. Serve!